# CONTROLLED DIRECT EFFECT OF MEASLES VACCINATION ON MARKERS OF INFECTIOUS DISEASE AMONG CHILDREN 9-59 MONTHS OF AGE IN THE DEMOCRATIC REPUBLIC OF THE CONGO

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### DISCLAIMER

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#### **OVERVIEW**

- Measles in DRC
- Prolonged association of measles with acute episodes of fever, cough, and diarrhea
- Decrease in serologic tetanus antibody
- Beneficial nonspecific effects of measles vaccination



#### MEASLES IN DRC



- DRC overall reported measles vaccination coverage was 79% in 2015 (MMWR, 2017; 66(17))
  - Coverage by province varies from 53% (Katanga) to 89% (Kinshasa) (DHS 2013-2014)
- 23% of DRC children under 5 years are acutely malnourished (wasted) and 43% are chronically malnourished (stunted) (2013-2014 DHS)

# PROLONGED IMMUNOMODULATION FOLLOWING MEASLES

- "Immune amnesia" (de Vries et al., 2012; Mina et al., 2015)
  - Proposed mechanism: depletion of memory lymphocytes following measles infection
  - Non-measles mortality rates in the pre-measles vaccine era were compared with rates of the vaccine era
    - Wealthy countries
- DRC
  - Host immune function is crucially important
    - Limited health care services
    - **Poor** nutrition
    - High levels of infectious disease

Association of measles disease history with acute episode of fever (n = 6340), cough (n = 6339), diarrhea (n = 6340), and fever + cough + diarrhea (n = 6338) in the two weeks prior to interview among children 9-59 months of age.

	Fever	Cough	Diarrhea	Fever + Cough + Diarrhea
Variable	OR and 95% CI <sup>ab</sup>	OR and 95% CI	OR and 95% CI	OR and 95% CI
Measles	1.49 (1.14, 1.96)	1.46 (1.13, 1.89)	1.29 (0.96, 1.73)	1.80 (1.16, 2.78)
Selected covariates				
Measles- vaccinated	0.84 (0.70, 1.01)	0.96 (0.78, 1.17)	0.68 (0.55, 0.85)	0.53 (0.38, 0.73)

<sup>a</sup>Controlling for the following covariates: measles vaccination, rural versus urban residence, province, wealth index, wealth index\*residence interaction, sex, malaria positive status, age, birth order, chronic malnutrition (according to NCHS/CDC/WHO international references standard for height/age SD).

<sup>b</sup>339 observations reporting fever, cough, and diarrhea within the previous two weeks.

Association of measles disease history with tetanus antibody levels among previously vaccinated children 6-59 months of age.

Variable	Unadjusted OR and 95% CI <sup>I</sup>	Adjusted OR and 95% CI			
Measles	2.99 (1.45, 6.00)	2.66 (1.29, 5.49)			

<sup>1</sup>Controlling for the following covariates: rural versus urban residence, wealth index, sex, age, birth order, chronic malnutrition (according to NCHS/CDC/WHO international references standard for height/age SD).

 Children with history of measles had 2.7 times the odds of having a tetanus antibody level below the median than children with no history of measles, controlling for covariates

#### SUMMARY

- Previous measles infection was associated with increased odds of fever and cough outcomes
  - Fever + cough + diarrhea: possible dose-response association
- Measles vaccination: protective association against diarrhea and fever + cough + diarrhea
  - May suggest beneficial nonspecific effects
- Measles may have a long-term impact on levels of pre-existing, vaccineinduced immunity to tetanus

# NONSPECIFIC EFFECTS (NSE) OF MEASLES VACCINE

- NSEs affect resistance to infectious diseases other than the targeted disease (Benn et al., 2013)
  - Proposed mechanisms include
    - Enhanced innate immune response
    - T cell cross-reactivity
- NSEs can be "indirect" or "direct" (Mina et al., 2017)
  - "Indirect"
    - Preventing negative effects that would have occurred with measles infection

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"Direct" NSEs

Benefit the immune system independent of measles prevention

#### **METHODS**

RCT versus observational data

Quantify impact in populations at-risk for measles and eligible for vaccination

- Assess impact of measles vaccination on acute fever, cough, or diarrhea episodes using causal mediation analysis via g-computation
  - Independent of prevention of measles infection



### DATA SOURCE

- The Demographic and Health Survey (DHS) 2013-2014 is designed to provide data for monitoring the population and health situation in DRC
  - **Maternal** and child health: testing for HIV, anemia, malaria, and serology for vaccine preventable diseases
  - Stage 1: Stratified sample of geographic clusters (n = 540)
  - Stage 2: Household selection (n = 9,000)
  - I8,827 women ages I5-49 from all households and 8,656 men ages I5-59 from 50% of selected households were interviewed
    - Dried blood spots (DBS), were collected for children 6 to 59 months in households selected for the men's questionnaire 12
      - 8,420 children were eligible for antibody testing

### METHODS

Date on card:	Child has a date recorded for the		506	(1) COPIEZ LES DA	TES DU	CAR	NET				
Maternal report: 79%	Respondent reported that the child had received the vaccination although the health card was not seen or did not exist, or the vaccination was not recorded on the health card, but was reported by the mother			(2) INSCRIVEZ '44' DATE N'A PAS ( POLIO 0 (POLIO A LA NAISSANCE) POLIO 1 POLIO 2 POLIO 3 DTCoq/HepB/Hib 1 DTCoq/HepB/Hib 2		MO		ANNÉ		ET 17 CG P0 P1 P2 P3 D1 D2	
Vaccination marked on card: 3%	Vaccination card clearly marked to indicate that the vaccination was given, but no date was recorded on the health card for the vaccination			DTCoq/HepB/Hib 3 ROUGEOLE FIÈVRE JAUNE VITAMINE A (LA PLUS RÉCENTE)					F	D3 5U 5.J. 7.A	



#### METHODS

Inclusion criteria	Children <b>9-59 months of age</b> eligible for participation in the				
Variables collected/defined	<ul> <li>Past measles infection: positive maternal report and serology (20 mlU/mL)</li> <li>Measles vaccination: binary         <ul> <li>Limited to report via dated card</li> <li>Date of measles disease</li> </ul> </li> <li>Marker of infectious disease: fever, cough, or diarrhea occurring within the past two weeks, reported by the mother</li> <li>2,350 children meeting inclusion criteria and reporting all covariates of interest</li> </ul>				
Respondent	Mother				
Covariates	<ul> <li>wealth index</li> <li>rural versus urban residence</li> <li>Age</li> <li>Sex</li> <li>Birth order</li> <li>geographic location</li> </ul>	<ul> <li>Displacement due to conflict</li> <li>malnutrition</li> <li>Bacillus Calmette-Guérin (BCG) vaccine</li> <li>Diphtheria-Tetanus-Pertussis vaccination (any dose, any report)</li> </ul>			

Variables	n	Vaccinated	%	Unvaccinated	%	p-value <sup>1</sup>
Age (months)						
9-11	264	53	20	211	80	0.0006
12-23	730	230	32	500	68	
24-35	554	219	40	335	60	
36-47	415	111	27	304	73	
48-59	431	141	33	290	67	
Measles <sup>2</sup>						
+	222	35	16	188	85	0.0003
-	2348	711	30	1415	60	
Sex						
Male	1165	362	31	803	69	0.7585
Female	1229	392	32	837	68	
Residence						
Urban	714	345	48	369	52	<.0001
Rural	1681	410	24	1271	76	
Severe stunting <sup>2</sup>						
Yes	582	152	26	430	74	0.0215
No	1813	602	33	1211	67	
Total observations	2395					

#### Vaccination status by basic demographics (weighted) among children 9-59 months.

<sup>1</sup>Wald chi-square testing for independence of the row and column variables.

<sup>2</sup>23 children (unweighted) missing measles report data.

<sup>3</sup>Severe stunting as defined by the NCHS/CDC/WHO international references standard for height/age SD.

# **RESULTS FOR FEVER**

- **Stochastic controlled direct effect (CDE)**, RR: 0.84, 95% CI: 0.74, 0.94
  - When measles prevalence is 10%, the risk of acute fever episode among vaccinated children is 16% lower than unvaccinated children
- Index CDE, RR: 0.59, 95% CI: 0.39, 0.90
  - If every child had measles, vx would reduce risk of acute fever episode by 41%.
- **Reference CDE,** RR: 0.86, 95% CI: 0.76, 0.99
  - If every child was measles-free, vaccination would reduce risk of acute fever episode by 14%

# **RESULTS FOR COUGH AND DIARRHEA**

# Index CDE for cough, RR: 0.63, 95% CI: 0.41, 0.97

- If every child had measles, vaccination would reduce risk of acute cough episode by 37%.
- Index CDE for diarrhea, RR: 0.17, 95% CI: 0.06, 0.48
  - If every child had measles, vaccination would reduce risk of acute diarrhea episode by 83%.

\*Vaccination showed no statistically significant decrease in risk of severe stunting

# CONCLUSIONS

- This study supports the hypothesis that measles vaccination exerts direct beneficial NSEs
  - Greatest reductions occurred with the **index CDE** estimates (fever and diarrhea)
- Previous work suggests
  - Improvements in mortality following vaccination likely due to indirect NSEs in highincidence regions
  - **Direct nonspecific effects** will increase in importance with decreasing measles incidence
- These results suggest
  - Direct NSEs -> larger reduction of risk among populations with high measles incidence versus low
  - Beneficial effects more impactful among children experiencing prolonged immune suppression due to measles

# CONCLUSIONS

#### Strengths:

- To the authors' knowledge, first study to quantify impact of NSEs on child health outcomes in a population eligible for vaccination and susceptible to measles
- Dates available for vaccination and measles variables

### Limitations:

- Potential **misclassification** of measles and fever/cough/diarrhea outcomes
- Potential underestimate of acute fever/cough/diarrhea due to cross-sectional nature of survey

# PUBLIC HEALTH IMPLICATIONS

- These results highlight the importance of **improving measles vaccination coverage** and immunity...
  - Reaching the most **difficult to reach** with vaccinations
  - Determining **reasons for failure** to mount an immune response
  - Recognizing the potential long-term consequences of measles disease
- ...and potential consequences of measles vaccination on host immunity
  - Measles vaccination appears to exert beneficial nonspecific effects in high-incidence areas 20

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# QUESTIONS?

