

Pre-Exposure Prophylaxis of Rabies in Humans

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Rabies Epidemiology: some important facts

An estimated 15 million people receive Post-Exposure Prophylaxis each year after being exposed to rabies suspected animals

- On average 30-60% of rabies cases in human occur in children residing in enzootic areas
- Bites to travelers by potentially rabid animals are relatively frequent: estimated incidence is 0.4% per month of stay, according to a meta-analysis of ≈1,270,000 travelers

Gautret et al. Emlerging Infectious Disease. 2015;21(4):569-577.

WHO Expert Consultation on Rabies second report, 18-20 September 2012. TRS 982 WHO Geneva 2013. Gibbons RV. Rabies and related diseases. Encyclopedia of life sciences. Chichester: John Wiley & Sons, Ltd.; 2001. Sanofi Pasteur internal data





Pre-Exposure Prophylaxis (PrEP)

According to WHO, PrEP is recommended for anyone at increased risk of exposure to rabies virus

WHO Expert Consultation on Rabies second report, 18-20 September 2012. TRS 982 WHO Geneva 2013.





................ **To protect** Persons with unrecognized exposure or those for whom PEP might be delayed To simplify Seventual PEP by decreasing the number of doses of vaccine required **To eliminate** The need for RIG 4



SUBJECTS AT PERMANENT RISK MUST BE VACCINATED

Diagnostic, research and production, laboratory staff

SUBJECTS AT FREQUENT RISK SHOULD BE VACCINATED

Nurses, medical staff, animal handlers and veterinarians



PrEP: Target populations (2/3)

IN PARTICULAR CHILDREN SHOULD BE VACCINATED

Children are at higher risk of animal bites

- Their small size makes them less intimidating to animals
- They fail to recognize and avoid threatening behavior
- They are less able to shelter themselves or escape when attacked
- Their stature make them especially vulnerable to severe facial and head bites, which carry the highest risk of disease

Children have a faster development of rabies disease than do adults

Unapparent, unrecognized or unreported exposure increases the risk for children to be untreated



PrEP in school-age children: The Philippines experience

Global Alliance for Rabies Control: "CARe" (Children Against Rabies) study: education program on rabies among school-age children in El Nido, Philippines

- Primary objective: To estimate the incidence of contact with rabies suspected animals in school-age children in the Philippines (grades 1-5) using active surveillance and compare this to estimates from the existing passive surveillance system (collected by ABTC)
- In parallel of this study, a vaccination campaign conducted by the Department of Health in the same region:



3 ID doses at days 0, 7, and 28

A total of 6,763 children were enrolled in 27 public schools from June 2001 to December 2012

- 142 (3.2%) children had a history of animal bite
- Introduction of rabies education in the curriculum all along the year by teachers

HE assessment: the costs of PrEP could be recouped in 5 years



PrEP: Target populations (3/3)

TRAVELERS ARE PARTICULARLY LIKELY TO BE EXPOSED

Travelers are at higher risk of rabies exposure

Outdoor activities such as camping, bicycling, hiking etc. increase the risk for travelers to be exposed to rabies, even if the trip is brief

Travelers have an increase risk of developing rabies

- Risk of delay in rabies PEP
- Risk of no access to medical services and PEP abroad
- Risk of unapparent or unrecognized exposure to rabies virus



► WHO recommends PrEP:

- LOW risk areas: For people likely to get in contact with bats
- MEDIUM risk areas: Travelers/people likely to get in contact with bats and other wildlife
- **HIGH** risk areas: Travelers/people likely to get in contact with <u>domestic animals and other rabies vectors</u>

WHO Expert Consultation on Rabies second report, 18-20 September 2012. TRS 982 WHO Geneva 2013. WHO. International travel and health. Geneva, 2014



PrEP: Providing appropriate information for travelers (1/2)

Animal-associated exposure to rabies among travelers, 1997–2012 [Gautret, 2015]

A comprehensive survey (2,697 patients, 16 years, 45 sites)

- The short median duration of travel (2 weeks) among travelers consulting for PEP <u>corroborates the WHO recommendation</u> that a **travelers' assessment for risk of an animal bite should not be influenced by the duration of travel** [WHO, 2013].
- Results, however, are not consistent with the current CDC recommendations that **PrEP may be recommended based on ... duration of stay** [Rupprecht, 2014], a position that is shared by many countries.



Number of patients requiring PEP and line of best fit for proportion of all GeoSentinel records accounted by animal-related exposure requiring PEP [Gautret, 2015]

PrEP in travelers need to be reinforced

Gautret et al. Emlerging Infectious Disease. 2015;21(4):569-577. WHO Expert Consultation on Rabies second report, 18-20 September 2012. TRS 982 WHO Geneva 2013. Rupprecht CE, Shlim SD. Infectious diseases related to travel – rabies. In: CDC health information for international travel 2014. http://wwwnc.cdc.gov/travel/yellowbook/2014/chapter-3-infectious-diseases-related-to-travel/rabies



PrEP: Providing appropriate information for travelers (2/2)

The outbreak of rabies in Bali

- Bali authorities estimate around 85 dog bites per day island-wide (600,000 dogs in the island)
- Since November 2008 a total of 31,000 dog bite injuries have occurred with 28,000 people being given PEP
- 120+ confirmed cases of human rabies
- Most rabies cases have been confirmed near popular tourist destinations
 - CDC advises travelers to take precaution on the entire island



CDC http://wwwnc.cdc.gov/travel/content/outbreak-notice/rabies-bali-indonesia2008.aspx





Primary course:



- IM route
 - In the deltoid muscle in adults and children
 - In anterolateral part of the thigh in infants and toddlers

Alternatively ID route (0.1 mL)

- In countries where ID route for vaccine administration is approved by Health Authorities
- For vaccines that are recommended by WHO for intradermal use

* D28 injection may also be given at D21

WHO Expert Consultation on Rabies second report, 18-20 September 2012. TRS 982 WHO Geneva 2013.



PrEP: vaccination schedule

Booster: WHO and CDC USA recommendations on the booster dose of rabies vaccine depend on the risk category of exposure

Risk category	Typical populations	Pre-exposure recommendations
Continuous	 Rabies research laboratory worker Rabies biologics production workers 	 Primary course Serologic testing every 6 months Booster vaccination if antibody titer is below 0.5 IU/mL
Frequent	Rabies diagnostic lab workers, spelunkers, veterinarians and staff, animal-control and wildlife workers in rabies- enzootic areas	 Primary course Serologic testing every 2 years Booster vaccination if antibody titer is below 0.5 IU/mL
Infrequent	 Veterinarians and staff, animal-control and wildlife workers in areas with low rabies rates Veterinary students, travelers visiting areas where rabies is enzootic and immediate access to appropriate medical care including biologics is limited 	 Primary course No serologic testing or booster vaccination

WHO Expert Consultation on Rabies second report, 18-20 September 2012. TRS 982 WHO Geneva 2013. Manning SE, Rupprecht CE, Fishbein D, et al. Human rabies prevention--United States, 2008: recommendations of the Advisory Committee on Immunization Practices. MMWR Recomm. Rep. 2008;57(RR-3):1-28.



Pre-Exposure Prophylaxis: Short-term Immunogenicity

Comparative trials in seronegative adults in: France ^[Ajjan, 1989; Strady, 1998], Croatia ^[Vodopija, 1986], Kenya ^[Kitala, 1990] and Turkey ^[Hacibektasoglu, 1992] (IM doses at D0, D7, D21/D28):

100% of subjects achieved RVNA levels ≥0.5 IU/mL at D21/D28 or earlier

[Ajjan, 1989]: 21 months follow-up (no booster): 98% of PVRV and 94% of HDCV vaccinees with RVNA ≥0.5 IU/mL



Adapted from: Ajjan N, Pilet C. Comparative study of the safety and protective value, in pre-exposure use, of rabies vaccine cultivated on human diploid cells (HDCV) and of the new vaccine grown on Vero cells. Vaccine. 1989;7(2):125-8.



Pre-Exposure Prophylaxis: Long-term immunogenicity

Survival of rabies virus-neutralizing antibody in previously vaccinated subjects: long-lasting immunity



after PVRV ID boosters on Day 0 and Day 3

Adapted from: Suwansrinon K, Wilde H, Benjavongkulchai M, et al. Survival of neutralizing antibody in previously rabies vaccinated subjects: a prospective study showing long lasting immunity. Vaccine. 2006;24(18):3878-80.



PrEP in 'infrequent risk' population: The Thailand experience in health-economics assessment

Cost comparison of rabies PrEP with PEP in Thai children [Chulasugandha, 2006]

- An analysis model was constructed to compare cost for cohorts of children under 15 years of age who had never received rabies vaccine.
- The competing strategies were PrEP and PEP regimens

Main results:

- PrEP has a cost scale which increases with dog bite prevalence
- When using the least expensive vaccination schedule and no immunoglobulin, PrEP is costcomparable with PEP when the probability of a dog bite is about 23%
- ► If ERIG is used, cost comparability occurred at 7% dog bite prevalence

Direct medical and pharmaceutical costs of PrEP and PEP were equivalent when the annual dog-bite incidence is in the range of 2–30%, depending on PEP regimen used

Chulasugandha P, Khawplod P, Havanond P, Wilde H. Cost comparison of rabies pre-exposure vaccination with post-exposure treatment in Thai children. Vaccine 2006;24:1478-82



Positive factors supporting PrEP

PrEP simplifies PEP by Rabies Vaccine and RIG savings

- Significant number of dog bites are not treated. While canine rabies not eradicated, PrEP is a definitive tool to achieve and efficient human rabies prevention
- Most of dog bites occur in children with severe bites or unnoticed or not reported to parents
- Main target population: pre-school or school-age children
- Pediatricians or immunization centers to be the ones giving PrEP to quickly extend the program



Blocking issues could be solved?

PrEP awareness and information not developed among parents and healthcare professionals

Availability of vaccine for PEP is of concern

- Replacement of NTV by CCV impact availability
- Public sector not covering all PEP needs today

Question on best strategy to be implemented

- Concern on availability of resources
- Logistical constraints to reach most enzootic areas
- Target population & schedule: pre-school vs. schoolage children
- Epidemiology to justify PrEP implementation
- Booster policy

Current focus is dog rabies control

Competing for priority in public health sector

Other healthcare priorities

Influenza, Meningitis, HIV, TB, others …

• WRD and Webinar on PrEP?

- Worldwide capacities reached about 100 Md, more than 70% served by local producers
 - Philippines demonstration project (CARe)
 - Co-administration with EPI vaccines project (Peru)
 - WHO guidelines TRS 982, 2013
- Health-economics model established (Thailand)

Assessment of real burden of rabies





Thank you

