# Increasing vaccination: Applying behavioural science to policy

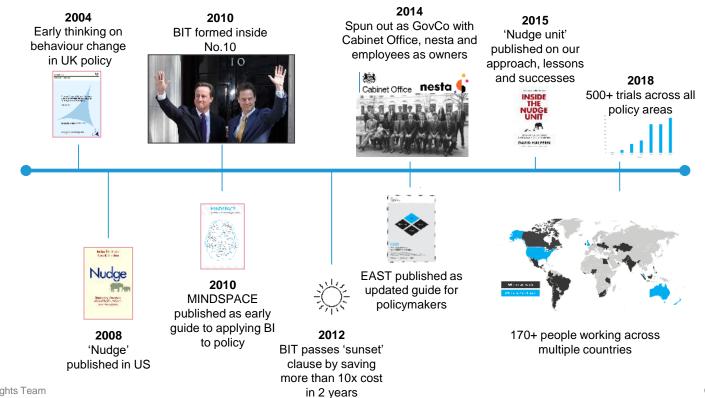
Hugo Harper
Director and Head of Health, The Behavioural Insights Team





# Use of behavioural insights in government has advanced rapidly since 2010





The Behavioural Insights Team

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#### What do we mean by behavioural insights?

- Insights about human psychology and behaviour

   the way we make choices, respond to options, perceive the world and behave
- Behavioural insights can be applied to improve the design of policy



#### We need to think differently about behaviour



#### System 1

Fast thinking/Automatic intuitive, effortless

2x2

**Taking your daily commute** 

#### System 2

Slow thinking/Reflective deliberate, analytic

24x17

Planning a trip overseas

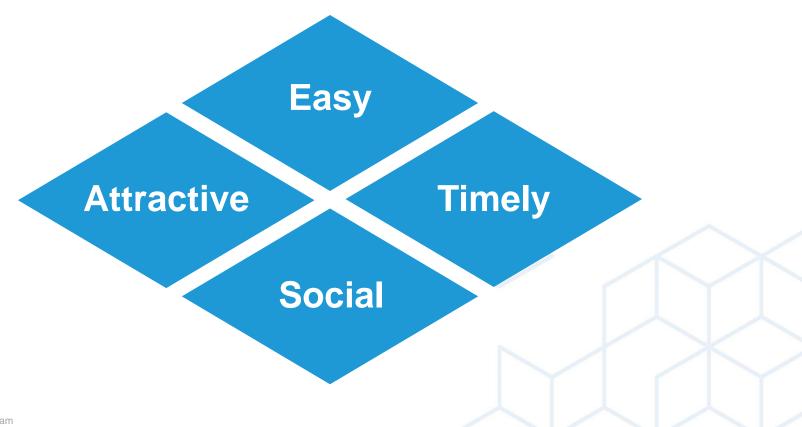
"It turns out that the environmental effects on behavior are a lot stronger than most people expect"

Daniel Kahneman, Nobel Laureate

# The way we see, judge, and recall things often depends on context

#### **EAST**







#### Make it easy

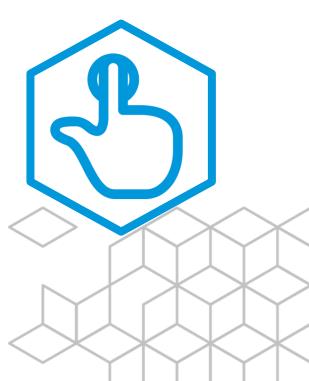
**Defaults** 



Simplify



**Friction Costs** 





#### **Make it attractive**

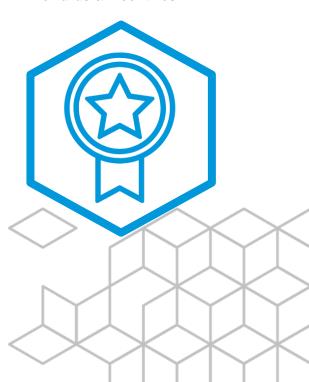
**Attract Attention** 



Personalise



**Rewards & Incentives** 





#### Make it social

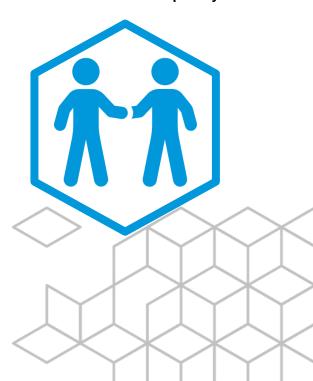
**Social Norms** 



**Network Nudges** 



**Commitments & Reciprocity** 





#### Make it timely



**Planning** 

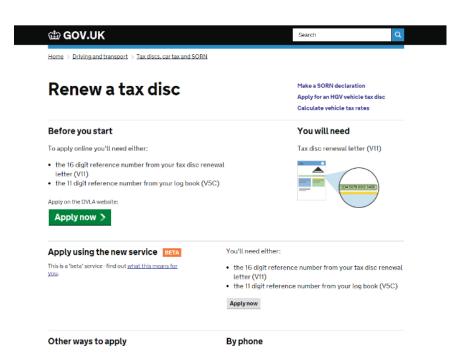


**Discounting** 





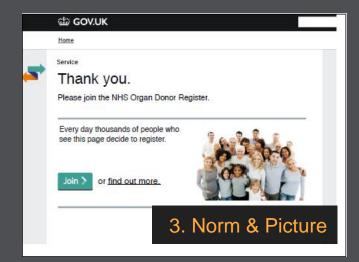
#### We prompted people to join the NHS Organ Donor Register Online









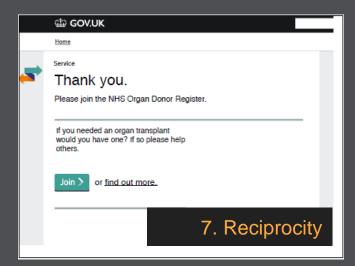


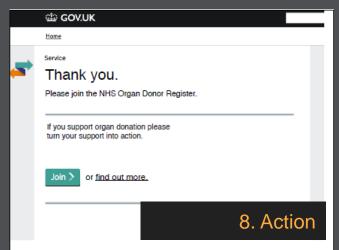














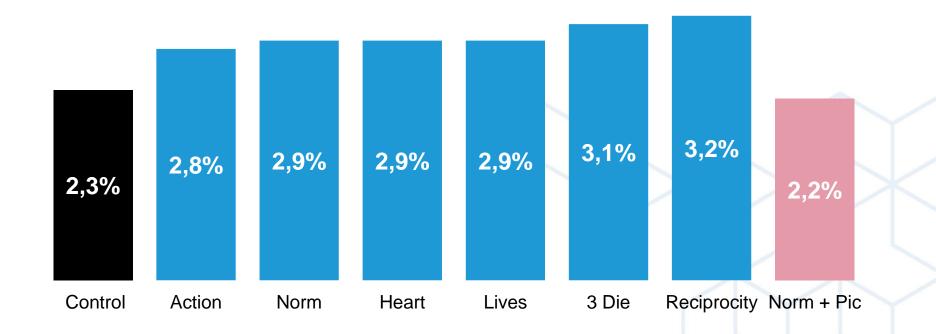


#### Which was most effective?

Name	Message	Image
1. Control		
2. Norm	Every day thousands of people who see this page decide to register.	
3. Norm & Picture	Every day thousands of people who see this page decide to register.	Group of people
4. Norm & Logo	Every day thousands of people who see this page decide to register.	NHS Logo
5. Three Die	Three people die each day because there are not enough organ donors.	
6. Nine Lives	You could save or transform up to nine lives as an organ donor.	
7. Reciprocity	If you needed an organ transplant would you have one? If so, please help others.	
8. Action	If you support organ donation, please turn you support into action.	

### Proportion joining the organ donor register after a online prompt







This trial resulted in 96,000 organ donor registrations completed in one year.



# Any questions?

Hugo.harper@bi.team



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