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## Bahemuka Health Sure; Improving Health Through Community Action.

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# Introduction/Problem

- Bunyangabu, Kabarole, Ntoroko Districts do suffer access to quality health services which is perpetuated by lack of disposable income to meet medical services in private health facilities.
- Gov't health facilities sometimes suffer drug stocks and quality health care services.
- The need for ensuring access to quality health services was necessary.

# The solution

- Mobilized community members, formed themselves into a Bahemuka Health Sure - group for community Health Insurance group.
- They make financial monthly contributions towards medical cover (medical Bills during hospitalization).
- To minimize unnecessary expenses for preventable health conditions, the group opted to initiate health awareness thru Bahemuka Drama to reduce incidences of preventable diseases.

# Implementation of the solution

- In June 2017, PLANE used Family Clinic Radio Program to mobilize Bahemuka Health Sure Membership.
- Formed 2 groups each composed of 100 members initially who during each monthly sitting contribute 5000/= towards membership health care cover.
- Health care cover is for supporting members' hospital expenses where they are admitted in hospital for different health ailments.

# Implementation Cont'd

- It has partial exceptions for common preventable diseases e.g. malaria Why opt for prevention approaches.
- One of the group further uses drama approach to sensitize fellow members and the communities on preventable health conditions.
- Conducts commercial sensitizations in community and proceeds used to loan out to members to meet exceptional costs for other health conditions /basic needs at 3% interest.

# Impact of the solution

- Membership for both groups has been able to grow by 43% and 58% respectively.
- 20% of the members have been able to access support for the health care in the last 23 months using Bahemuka Health Sure.
- Group with drama component have been able to raise more 695,000/= through performance hires.

## Impact Cont'd

- 31% of the membership have been able to access small loans and 86% have been recovered.
- Health workers regularly visit the groups to impart new health related information to be rolled out.
- 98% of the members' households have tremendously improved on their hygiene practices.

# Solution's contribution to health/social systems.

- There is increased knowledge about preventable health conditions in the innovation areas.
- Membership health security has tremendously increased.
- Improved social functioning due to membership periodic meetings where other key issues are also discussed.
- Members for Bahemuka Health Sure have never reported suffering from effects of stock outs.