# Uganda Village Project

Providing opportunities for former fistula patients to lower the likelihood of requiring retreatment

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## Obstetric Fistula Challenge in Uganda

- Obstetric fistula is a serious public health condition sustained by women mostly in developing countries.
- Fistula can cause chronic infection and isolation from family, society, and employment.
- Even upon repair, women sometimes need multiple surgeries because they are unable to follow post-op instructions and start suffering all over again.
- In Uganda, it is estimated that there are 200,000 women suffering from fistula and approximately 1,900 new cases every year.



#### **Our Solution**



UNFPA identified three areas to end fistula: prevention, treatment, and rehabilitation.

- Even when healed, women remain vulnerable because of stigma and lack of economic opportunities.
- To address this, UVP provides a holistic rehabilitation program, including a safe place to heal, skill-based education and business training.

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#### Implementation of Solution



UVP provides a place away from home that allows women to focus on healing and learning without the distractions of their domestic lives and meet regularly with staff to discuss challenges.

- This provides a platform for healing, both physical and mental.
- Each cohort determines the skill-based training they wish to learn.



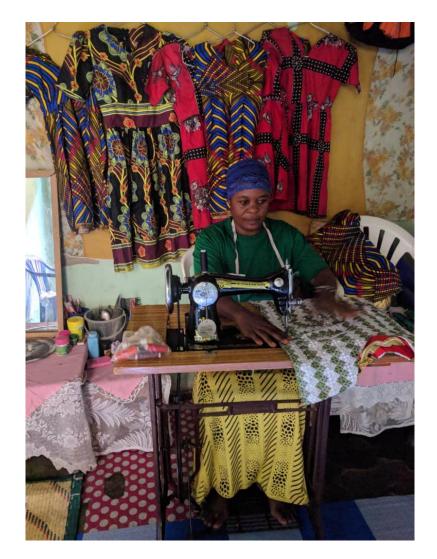
## Implementation of Solution-Cont



- Additional program expansions include regular follow up visits and formal business education to create a community where women can constantly learn from one another.
- Curing fistula for a woman can be life changing, but only if she has the support needed thrive, not just survive

VILLAGE

#### Impact of the Solution



- Since our idea is in its very nascent stages, the overall impact is difficult to measure.
- Key areas of measurement include average monthly income of the household before and after the program, general mental and emotional well-being of the patients, and whether they start a business upon completion of the program.



#### Impact of the Solution-Cont



- Let me share a story of Evalyne....
- Fistula Ambassadors were responsible for reaching more than 49,600 people in Eastern Uganda in 2018 with education about the causes and prevention of obstetric fistula



# Contribution of the Soln to Health/Social Systems



- Living as an outsider in your community or being shunned by your family for 11 years can take a toll on a woman's image and self-worth.
- Our program not only provides an opportunity for women to continue to heal physically after surgery, but also a platform to support them emotionally



## Contribution of the Soln to Health/Social Systems-Cont



Providing the skills for a woman to be able to support her family in the absence of her husband can have a very empowering effect. In addition, a woman who earns is more likely to provide education for her children, thus helping to stagnate the cycle of poverty she experienced





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#### For more information please visit: <u>www.ugandavillageproject.org</u>

