## Multisystem Inflammatory Syndrome in Children

### (Philippine Experience)

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## OUTLINE

- Introduction: History, Case Definition, Pathophysiology
- Local Epidemiology of Acute COVID-19
- Profile of MIS-C cases from 2 tertiary hospitals
- Risk Factor and Prevention of MIS-C



**Fig. 1.** Timeline of initial recognition and description of MIS-C.Abbreviations: UK, United Kingdom; PICU, pediatric intensive care unit; RCPCH, Royal College of Paediatricians and Child Health; PIMS-TS, pediatric inflammatory multisystem syndrome temporally associated with SARS-CoV-2; NY, New York; Dept., department; KD, Kawasaki Disease; CDC, Centers for Disease Control and Prevention; MIS-C, multisystem inflammatory syndrome in children; WHO, World Health Organization.

Existing Case Definitions of Multisystem Inflammatory Syndromes

	Pediatric: RCPCH	Pediatric: CDC	Pediatric: WHO	Adult: CDC
Age (years)	"child"	<21	0–19	≥21
Fever	persistent	≥ 1 day	≥ 3 days	no comment
Laboratory Evidence of Inflam- mation	Yes	Yes	Yes	Yes

RCPCH, Royal College of Paediatrics and Child Health; CDC, Centers for Disease Control and Prevention; WHO,

### World Health Organization

	Pediatric: RCPCH	Pediatric: CDC	Pediatric: WHO	Adult: CDC
Hospitaliza- tion	No	Yes	No	Yes
Number of Organ Systems Involved	≥1	≥2	≥2	≥1 extra- pulmonary

RCPCH, Royal College of Paediatrics and Child Health; CDC, Centers for Disease Control and Prevention; WHO, World Health Organization

	Pediatric: RCPCH	Pediatric: CDC	Pediatric: WHO	Adult: CDC
Organ Systems Named	shock, cardiac, respiratory, renal, gastrointesti- nal, neurologic	cardiac, renal, respiratory, hematologic, gastrointesti- nal, dermatologic, neurologic	mucocuta- neous, hypotension/ shock, cardiac, gastrointesti- nal	hypotension/ shock, cardiac, thrombosis/ thromboem- bolism, acute liver injury

RCPCH, Royal College of Paediatrics and Child Health; CDC, Centers for Disease Control and Prevention; WHO, World Health Organization

	Pediatric: RCPCH	Pediatric: CDC	Pediatric: WHO	Adult: CDC
Exclusion of Other Causes	Yes	Yes	Yes	Yes + exclu- sion of severe respiratory illness
<pre>(+) SARS- CoV-2 RT- PCR/antigen /serology</pre>	No	Yes	Yes	Yes (within 12 weeks)

	Pediatric: RCPCH	Pediatric: CDC	Pediatric: WHO	Adult: CDC
COVID-19 epidemio- logic link allowed in place of viral test	N/A	exposure within 4 weeks	"likely contact"	No

RCPCH, Royal College of Paediatrics and Child Health; CDC, Centers for Disease Control and Prevention; WHO, World Health Organization

## Pathophysiology of MIS-C: unknown

Immune dysregulation (abnormal immune response to the virus) The molecular mechanisms that lead to hyperinflammation in MIS-C are largely unknown and limited to phenotypic characterizations It appears to be a consequence of massive release of inflammatory mediators with exaggerated activation of the immune system like cytokine storm

### **Nationwide Cases Data**



Note: There are still 889062 cases with unreported date of onset of illness and date of specimen collection.



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### **Cases by Demographic**

Female Male





### **National COVID-19 Vaccination Dashboard**

Coverage date: March 1, 2021 to November 27, 2022. Data is refreshed daily at 12:00 PM. *Figures are pending addition of 3,564,941 total 2nd booster doses administered as of November 27, 2022.* 

## Total Doses Administered **165,750,058**

**10,123** doses administered on Nov 27

## First Dose **71,045,629** (+2,385 doses administered on Nov 27)

## Complete Dose **73,750,395** (+3,181 doses administered on Nov 27)

Booster Dose 20,954,034 (+4,557 doses administered on Nov 27)

#### TOTAL DOSES ADMINISTERED



### **TOTAL DOSES ADMINISTERED**





Republic of the Philippines Department of Health OFFICE OF THE SECRETARY

14 October 2021

#### DEPARTMENT CIRCULAR

No. 2021 - 0464

TO:	ALL UNDERSECRETARIES AND ASSISTANT
	SECRETARIES; DIRECTORS OF BUREAUS, SERVICES AND
	<b>CENTERS FOR HEALTH DEVELOPMENT; MINISTER OF</b>
	HEALTH - BANGSAMORO AUTONOMOUS REGION IN
	MUSLIM MINDANAO); EXECUTIVE DIRECTORS OF
	SPECIALTY HOSPITALS AND NATIONAL NUTRITION
	COUNCIL; CHIEFS OF MEDICAL CENTERS, HOSPITALS,
	SANITARIA AND INSTITUTES; AND OTHERS CONCERNED

 
 SUBJECT :
 Interim Operational Guidelines on the COVID-19 Vaccination of the Pediatric Population Ages 12-17 Years Old with Comorbidities



Republic of the Philippines Department of Health OFFICE OF THE SECRETARY

January 24, 2022

#### **DEPARTMENT MEMORANDUM**

No. 2022 - \_\_\_\_\_0041\_\_\_\_\_

FOR:	ALL	UN	DERSE	CRET	ARIES	AN	D	ASSIST	ANT
	SECRE	TARI	ES; DIR	ECTO	RS OF	BUREAU	US, SEI	<b>RVICES</b>	AND
	CENTI	ERS F	OR HEA	ALTH	DEVE	LOPME	NT; <u>M</u>	INISTER	OF
	HEAL	ГН —	BANGS	AMO	RO AU	TONOM	IOUS	REGION	IN
	MUSL	M M	IINDAN	AO);	EXEC	UTIVE	DIRE	CTORS	OF
	SPECI	ALTY	HOSPI	TALS	AND	NATIO	NAL	NUTRIT	ION
	COUN	CIL; C	HIEFS	OF M	EDICA	L CENT	ſERS,	HOSPIT	ALS,
	SANIT	ARIA	AND IN	STITU	TES; A	ND OTH	IERS (	CONCER	NED
SUBJECT ·	Interin	Guid	elines or	n the l	Manage	ment an	d Adn	ninistratio	n of

 

 SUBJECT :
 Interim Guidelines on the Management and Administration of Tozinameran COVID-19 mRNA vaccine (nucleoside-modified) [Cominarty] Pfizer COVID-19 Vaccine to Pediatric Population Ages 5-11 Years Old





## January 2021 to September 2022 COVID-19 related Admissions in Children (N:269)

- Acute COVID-19 cases 218
- MIS-C cases

51 (18%)

	(	St. Luke's Medical Center
<b>Age</b> (Mean = 3.32, Median = 2)	n	Quezon City · Global City
Infant (1 month to Less than 1 year)	7	
Toddler (1 to Less than 2 years)	12	
Preschooler (2 to Less than 6 years)	22	
School-aged Child (6 to Less than 12 years)	9	
Adolescent (12 to 18 years old)	1	

Gender	n
Male	30
Female	21

## Age Distribution by percentage n = 51











## Total number of MIS-C cases Jan 2021-September 2022: 51

Total Number of Kawasaki Disease cases 2021 September 2022: 38

	MIS-C Patients	Kawasaki Disease Patients	St. Luke Medical Cen Guezon City · Global
Year 2021 (January to December)	13	12	
Year 2022 (January to September)	38	26	
Considering only January to September			
Year 2021	8	9	
Year 2022	38	26	
Change in cases	375%	189%	



Note: There are still 889062 cases with unreported date of onset of illness and date of specimen collection.

6



















Symptoms		n	%
Fever		48	94.1
Mucocutaneous	Rash	17	33.3
	Red Lips	1	2.0
	Red eyes	9	17.6
	Oral sores	1	2.0



Symptoms		n	%
Gastrointestinal	Diarrhea	20	39.2
	Vomiting	8	15.7
	Abdominal pain	5	9.8
	Poor appetite	3	5.9



Symptoms		n	%
Respiratory	Cough/colds	16	31.4
	Dyspnea	3	5.9
	Chest pain	2	3.9
Neurologic	Headache	4	7.8
	Seizure	3	5.9
	Irritability	1	2.0



Symp	toms	n	%
Cervical Lymph- adenopathy		1	2.0
Genitourinary	Dysuria	2	3.9
Edema of hands and Feet		1	2.0
Pallor		1	2.0







Underlying illness	n	%
Cockayne Syndrome*		
Congenital Microcephaly*	2	4.1
Atopic Dermatitis	1	2.0
Malnutrition	1	2.0
UTI	2	4.1
Benign Febrile Convulsion	1	2.0
Typhoid Fever	1	2.0
G6PD	1	2.0
Obese	1	2.0
Intussusception	1	2.0
Chronic Liver disease s/p	1	
Liver transplant		2.0

\*Mortality



Exposure to COVID-19 in the 6 weeks prior to MIS-C	n	%
With exposure to COVID	26	52.0
No exposure to COVID/denies exposure	24	48.0
No data	1	-



Past infection of COVID-19 in the 6 weeks prior to MIS-C	n	%
With past infection (+)	23	45.1
Without past infection (-)	28	54.9



COVID IgM	COVID IgG	n	%
Negative (-)	Positive (+)	46	92.0
Positive (+)	Negative (-)	1	2.0
Negative (-)	Negative (-)	3	6.0
Not done	Not done	1	-



RT-PCR	n	%
Positive (+)	17	37.8
Negative (-)	28	62.2
Not done	6	_

			St. Luke's
Cardiac: 2D Echo Findings	n	%	Quezon City · Global City
Normal echo	15	29.4	
Abormal echo			
Pericardial effusion	22	43.1	
Coronary artery dilation	14	27.5	
Mitral regurgitation	9	17.6	
Tricuspid regurgitation	5	9.8	
Poor contractility	4	7.8	
Ectasia	2	3.9	
Pulmonic regurgitation	1	2.0	
Atrial regurgitation	1	2.0	
Left ventricular enlargement	1	2.0	
Left ventricular hypertrophy	1	2.0	
Left atrial enlargement	1	2.0	

### **Organ** Involvement







Elevated Results	n	Ν	%
Interleukin-6	32	33	97.0
ESR	27	28	96.4
CRP	41	43	95.3
D-Dimer	27	31	87.1
Procalcitonin	23	30	76.7
Ferritin	13	20	65.0
LDH	10	16	62.5
Pro-BNP	37	43	86.0
CPK-MB	3	6	50.0
Troponin-i	10	24	41.7
Sodium	1	1	100.0
SGPT	14	26	53.8
Creatinine	2	14	14.3



Treatment	n	%
With major treatment		
IVIG+Steroids	17	33.3
IVIG+ Aspirin+ Steroids	16	31.4
IVIG+Aspirin	10	19.6
IVIG only	4	7.8
Steroids +Aspirin	2	3.9
None	2	3.9
Other treatments		
Antibiotics	18	35.3
Enoxaparin	5	9.8
Inotropes	4	7.8
Hemoperfusion	1	2.0
Remdesivir	1	2.0



St. Luke's Medical Center Quezon City · Global City

### Length of Hospital Stay





The Average Hospital Stay is 6 Days

25





- Patients with significant PICU stay: 7 (13.7%)
- None of those who had MIS-C were vaccinated with COVID-19 vaccine



## Challenges in Diagnosis and Management of MIS-C

 Positive serologies for SARS Co-V-2 are no longer as informative for a diagnosis of MIS-C given widespread native infections as well as increasing vaccination.

- The baseline rate of seropositivity for SARS-CoV-2 has increased significantly. There will be an increasing number of febrile children who may incidentally have positive serologies

CHALLENGES IN DIAGNOSIS AND MANAGEMENT OF MIS-C...

2. There is no readily available test to differentiate IgG resulting from COVID vaccine or IgG from a past infection



### **MIS-C and Kawasaki Disease (KD)**



https://www.frontiersin.org/files/Articles/650697/fped-09-650697-HTML/image\_m/fped-09-650697-g001.jpg

	MIS-C	KD
Age (mean)	8.5 years	3 years
Fever	+++	+++
Rash	++	+++
Conjunctivitis	++	++
Oromucosal change	++	++
Extremity Change	+/-	+

	MIS-C	KD
Cervical LAD	+/-	+
Coronary dilation	+	++
Cardiac dysfunction	++	—
GI symptoms	+++	+
Shock/hypotension	++	+/-
Death	2%	0.17%

### CHALLENGES IN DIAGNOSIS AND MANAGEMENT OF MIS-C...

3. With the overlapping clinical manifestations and the lack of a specific diagnostic test for either MIS-C or KD, distinguishing the two conditions in an individual patient can be challenging

- > Though inflammatory markers are higher in MIS-C, there is no cut off to say specifically how high that of MIS-C rather than KD
- difficult to distinguish patients with incidental KD who have seroconverted from prior SARS Co-V2 infections from patients with MIS-C who meet KD criteria

## **US CDC Case Definition for MIS-C**

An individual aged <21 years presenting with fever<sup>\*</sup>, laboratory evidence of inflammation<sup>\*\*</sup>, and evidence of clinically severe illness requiring hospitalization, with multisystem (<u>></u>2) organ involvement (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic or neurological); AND

No alternative plausible diagnoses; AND

Positive for current or recent SARS-CoV-2 infection by RT-PCR, serology, or antigen test; or exposure to a suspected or confirmed COVID-19 case within the 4 weeks prior to the onset of symptoms

Addendum: <u>Some individuals may fulfill full or partial criteria for Kawasaki</u> <u>Disease but should be reported if they meet the case definition for MIS-C</u> Consider MIS-C in any pediatric death with evidence of SARS-CoV-2 infection CHALLENGES IN DIAGNOSIS AND MANAGEMENT OF MIS-C...

3. With relaxed measures, persons with COVID-19 symptoms are not tested anymore unless hospitalized

4. Shortage of serologic test for COVID-19 recently

5. Shortage of IVIG

## Known Risk Factor for MIS-C

- Acute COVID-19 infection → MIS-C
- PREVENT ACUTE COVID-19 → PREVENT MIS-C



Get vaccinated and **boosted** if you're eligible



Get **tested** if you have symptoms of illness



Wear a **mask** indoors/ in public transportation

# How to stop the spread of COVID-19



Choose **outdoor** gatherings instead of indoor ones



Practice **physical distancing** – the farther the better



Wash your hands frequently



**Disinfect** high-touch surfaces

https://www.nebraskamed.com/COVID/omicron-variant-what-it-is-and-how-to-stop-the-spread / lcons by Slidesgo

COVID-19 vaccination protects against multisystem inflammatory syndrome in children (MIS-C) among 12–18 year-olds hospitalized during July–December 2021





### COVID-19 VACCINATION IS THE BEST PROTECTION AGAINST MIS-C

\* Case-control study, 238 patients in 24 pediatric hospitals—20 U.S. states † 2 doses of Pfizer-BioNTech vaccine received ≥28 days before hospital admission

bit.ly/MMWR7102



Estimated U.S. rate of multisystem inflammatory syndrome in children:

Per million Per million unvaccinated against vaccinated against COVID-19 with a COVID-19: SARS-CoV-2 infection: 200



https://www.healio.com/news/primary-care/20220223/misc-risk-after-covid19-vaccination-falls-to-one-in-a-million-study-finds

## THANKYOU.

Do you have any questions? emylunapedid@gmail.com

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